



INTERNATIONAL INSTITUTE FOR  
CRANIOSACRAL BALANCING®



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**Continuous education for craniosacral practitioners**

## **Follow the footprints of the Tide**

**LUCCA, Italy  
September 27 – October 1, 2017**



**Teachers: Kavi Gemin, Bhadrena C. Tschumi Gemin**

In this biodynamic continuation education course we are invited to surrender to the tide and its guidance. The craniosacral practitioner refines the therapeutic competences to recognize and cooperate with the forces of the tide in action, even in those situations when there are challenges to expressing primary respiration.

The tide lays down the basics for Health, by laying down the information of the original matrix for the human being. It contributes to the formation of the body from the first moments of life, it is the force, which support the development and allows the growth of the individual. It guides the biodynamic practitioner through the treatment and leads the unfoldment of the treatment plan.

During the session, the craniosacral practitioner relies on the involuntary rhythmic motion of the system and supports the expression of primary respiration with its beneficial and regulatory cycles.

The tide offers to the practitioner a clear baseline for evaluation of the expression of the Health in the system.

The information given by the tide are received by the practitioner and have a fundamental role in the development of the session.

Thanks to the practitioner's faculty of perception and discernment, the tide becomes the guide for the treatment.

Sometimes we meet a system in which the vitality has been dampened, potency is lowered and it is unable to support the body in expressing coherent and steady cycles of primary respiration.

Trauma affect, shock, toxicity in the system affect the ability of the body to respond to primary respiration and to express its motion.

When the system is turned down and off, so that is not capable anymore to express vitality, it is essential to develop tools to cooperate with the Breath of Life even when the tide doesn't seem to be present or cannot manifest.

The tide has formed, shaped and developed the body, and it constantly regulates its function. The morphology and the shape of the body reveal its footprints. The practitioner can recognize the action of potency within the dynamics of the structures, and can read the signs of the tide as the path to reconnect with the forces of health.

The practitioner has several skills to recognize the footprints of the tide: knowledge of anatomy, embryology, physiology, biodynamic understanding, refine perception.

In this course, such skills will be used together with specific evaluation and treatment tools. We will also explore ways to ally with the inherent intelligence of the system, which acts as a silent partner and a guide for the orientation and maintenance of the expression of health in the individual.

## **Contents and learning goals**

### **Competences**

- Deepening of the therapeutic craniosacral competences
- Specific tools to support and maintain the expression of health in the client
- Learning and practice of a specific protocol to recognize the forces of health in traumatized, inert, dampened systems

### **Teachings**

- Fundamental biodynamic principles
- Embryology and gestures of growth
- Evaluation and interaction with complex situations
- Access and maintenance of the connection with the forces of health

### **Practical application and learning objectives**

Participants are able to

- Apply and use biodynamic principles in the sessions
- Recognize the expression of health within the tide
- Orient towards the natural organizing forces within disorganized motion
- Recognize the action of the tide in absence of motion
- Maintain presence and centering in complex situations
- Deepen the connection of the client with the forces of health
- Cooperate with the physiological intelligence of the person

